

**THE**



**DOMINO**

**EFFECT**



**PLAY DOMINO  
TALK PROSTATE  
SAVE LIVES**

*EFF YUH CYAAN HEAR YUH WILL FEEL  
(IF YOU CAN'T HEAR YOU WILL FEEL)*

*WRITTEN BY  
JOAN BLANEY*

*PAMELA CAMPBELL-MORRIS  
PROJECT INITIATOR & COMMUNITY CHAMPION*

# FOREWORD



I AM VERY PROUD AND DELIGHTED TO BE AN INTEGRAL PART OF THE "PLAY DOMINO TALK PROSTATE" CAMPAIGN JOURNEY; WHICH AIMS TO RAISE AWARENESS OF PROSTATE CANCER TO PREDOMINANTLY AFRICAN/AFRICAN CARIBBEAN MEN AS WELL AS TO FAMILIES AS A WHOLE.

AFTER YEARS OF ENGAGING IN VARIOUS COMMUNITY-FOCUSED PROJECTS, I THOUGHT OF AN INNOVATIVE WAY TO ENHANCE THE DELIVERY OF SERIOUS MESSAGES USING THE CULTURAL GAME OF DOMINO AS A VEHICLE. SO FAR, THIS APPROACH HAS BEEN VERY EFFECTIVE AND THE MESSAGE IS GRADUALLY GETTING THROUGH, WITH SPECIALIST NURSES REPORTING AN INCREASE IN MORE BLACK MEN COMING FORWARD TO GET CHECKED. WE HAVE ALSO NOTED A POSITIVE DIFFERENCE IN THE ENGAGEMENT AND WILLINGNESS TO TALK MORE OPENLY ABOUT PROSTATE CANCER. THIS COMIC BOOK "THE DOMINO EFFECT" REFLECTS THIS INNOVATIVE APPROACH AND WILL FURTHER ENHANCE OUR WORK AND MESSAGE IN THIS AREA.

I'D LIKE TO EXPRESS APPRECIATION TO ALL INVOLVED

**PAMELA CAMPBELL-MORRIS**  
**PROJECT INITIATOR & COMMUNITY CHAMPION**



**AS A YOUNG BLACK BUDDING UROLOGICAL SURGEON I DON'T THINK I COULD ENDORSE A BETTER CAUSE. BEING ABLE TO BE PART OF THE JOURNEY THAT PATIENTS GO THROUGH HAS BEEN BOTH REWARDING AND HUMBLING. PROSTAD HAVE AND CONTINUE TO SUPPORT THOSE AT EVERY STEP OF THAT JOURNEY.**

**ONE PRIME EXAMPLE IS THE "PLAY DOMINO TALK PROSTATE" CAMPAIGN. FOR THE LAST 2 YEARS PAMELA CAMPBELL- MORRIS HAS MAGNANIMOUSLY ORCHESTRATED VIDEOS, LECTURES AND EVENING SOCIALS TO STRESS THE IMPORTANCE OF THIS SILENT DISEASE. HER EFFORTS ARE POWERED BY HER ENORMOUS PASSION AND LOVE THAT SHE HAS FOR HEALTH AND HER COMMUNITY. I COULD NOT THINK OF A MORE BEFITTING AMBASSADOR FOR THE CAUSE.**

**THIS COMIC DIVES STRAIGHT INTO THE LIVES OF SOME OF OUR NEAREST AND DEAREST, DISCUSSING SOME OF THE THOUGHTS YOU MIGHT HAVE HAD AT SOME POINT. IT'S FOR ALL TO READ, LAUGH AND CRY ABOUT. THE AIM? TO SIMPLY RAISE AWARENESS OF THE DANGERS OF PROSTATE CANCER AND WHAT MEASURES YOU CAN DO TO STOP ...THE DOMINO EFFECT!**

**DR JAMES AKMAN  
MBCHB, BSC (HONS), MRCS, PGCAP  
UROLOGICAL SURGEON**



THERE MUST BE A WAY TO GET MORE BLACK MEN TALKING ABOUT PROSTATE CANCER.

GETTING BLACK MEN TO TALK IS HARD ENOUGH; YOU NEED TO BE A MIRACLE WORKER TO GET THEM TO TALK ABOUT THE PROSTATE.

***PAMELA CAMPBELL-MORRIS IS PASSIONATE ABOUT PROMOTING HEALTH AND WELL-BEING IN THE BLACK COMMUNITY AND PLANS TO RAISE AWARENESS ABOUT PROSTATE CANCER AND ITS IMPACT ON BLACK MEN.***



**PAMELA IS NO MIRACLE WORKER. ALL SHE KNOWS IS THAT BLACK MEN ARE MORE LIKELY TO DIE FROM PROSTATE CANCER THAN ANY OTHER GROUP, AND SHE WANTS TO DO SOMETHING ABOUT IT.**



**IT WASN'T LONG BEFORE THE GAME OF DOMINO CAME TO PAMELA'S MIND.**

**PLAYING DOMINO IS ONE OF THE MOST POPULAR PASTIMES FOR BLACK MEN, AND PAMELA DECIDED THAT BEFORE THE SLAMMING DOWN OF DOMINO TILES AND TALKS OF BACK HOME, THERE WOULD BE TALKS ABOUT PROSTATE CANCER.**





WITHIN WEEKS THE DOMINO LEGENDS BEGAN TO ARRIVE. THERE WAS BIG BURLY MARCEL GRIFFITHS WHO THEY CALLED BIG BWOY, ACCRINGTON BURTON, KNOWN AS ACKEE, (THE NATIONAL FRUIT OF JAMAICA) AND THE VERY DEPENDABLE OTIS CHAMBERLAIN MILLER.

PAMELA WELCOMED THEM ALL TO THE 'PLAY DOMINO TALK PROSTATE' EVENT AND TOLD THEM THAT HER CAMPAIGN WAS ALL ABOUT SAVING LIVES.

DIS PROSTATE CANCER NUH EASY. MI EAR SEH DAT LINTON BREDDA, FI 'IM FADA, AN FI 'IM UNCLE DEAD FRAM IT. LINTON BETTA BE CAREFUL DAT 'IM NUH DEAD FRAM IT TUH.

ACCRINGTON BURTON SAID THAT PROSTATE CANCER IS CHALLENGING. HE HEARD THAT LINTON'S BROTHER, FATHER, AND UNCLE DIED FROM IT AND THAT LINTON SHOULD BE CAREFUL THAT HE DOESN'T DIE FROM IT TOO. MARCEL SAID HE HAS PROSTATE CANCER BUT ONLY HIS FAMILY KNOWS.



BWOY, MI AVE PROSTATE CANCER TUH BUT ONLY MI FAMBILY KNO.

**OTIS PLAYED HIS HAND BEFORE RESPONDING TO MARCEL'S REMARKS.**



BWOY, MI AVE IT TUH BUT MI NEVA WAAN TELL LINNU. DOCTA DIAGNOSE MI AFTA MI DID AVE STOPPAGE OF WATA AN FEEL PAIN IN A MI BELLY.

BWOY SA, AN ALL DIS TIME MI TINK SEH MI A DI ONLY ONE WID DIS PROSTATE CANCER. MI NEVA KNO YUH AVE IT TUH?

YAH MAN, WEN MI GUH SI MI DOCTA MI NEVA LIKE DI WAY IM A EXAMINE MI, SUH MI SHUT MI YEYE AN BEAR IT. DEM KETCH IT EARLY AN GI MI INJECTION TREATMENT.

**OTIS SAID HE HAS PROSTATE CANCER BUT DIDN'T WANT TO TELL ANYONE. HE WAS DIAGNOSED WHEN HIS URINE KEPT STOPPING AND HE HAD PAINS IN HIS STOMACH. MARCEL SAID ALL THIS TIME HE THOUGHT HE WAS THE ONLY ONE WITH PROSTATE CANCER AND DIDN'T KNOW THAT OTIS HAD IT TOO. OTIS SAID WHEN HE WENT TO SEE HIS DOCTOR HE DIDN'T LIKE THE WAY HE WAS BEING EXAMINED AND SO CLOSED HIS EYES TO BEAR IT. THEY CAUGHT HIS CANCER EARLY AND HE WAS TREATED WITH INJECTIONS.**

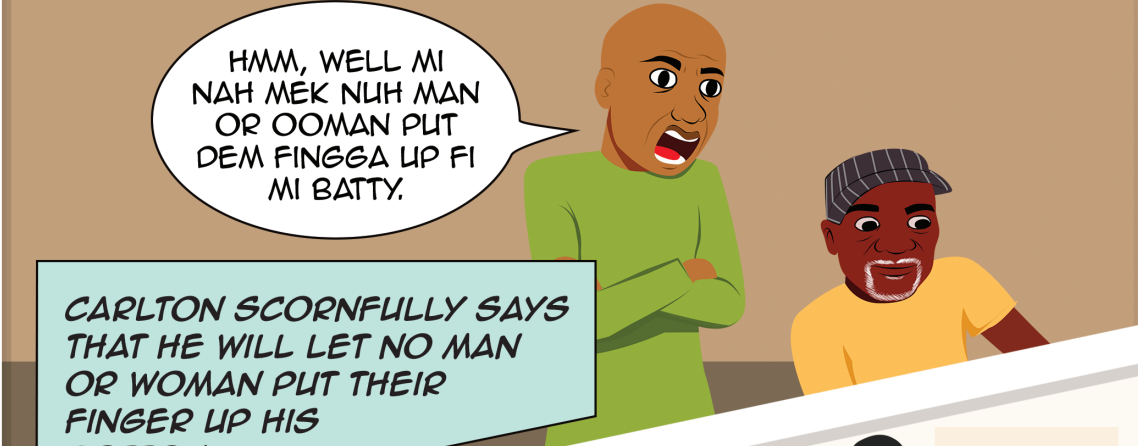


MAN NUH TELL MI  
DAT YUH LET DI  
DOCTA PUT IM  
FINGGA UP YUH  
BATTY!

DEM KINE A TAAK CAN TAP  
A MAN FRAM TEKKIN DI TESS. WEN  
DI DOCTA SEH MI FI DROP MI  
CHOWZIZ AN MI SI IM PUT PON IM  
GLOVES, MI JUS SEH ARIGHT KAAZ IT  
BETTA DEM KETCH PROSTATE

**CARLTON WHO IS WATCHING THE GAME SAID HE COULDN'T BELIEVE THAT MARCEL ALLOWED THE DOCTOR TO PUT HIS FINGER UP HIS BOTTOM AND THAT PEOPLE MIGHT THINK THAT HE IS GAY. MARCEL TELLS HIM THAT TALKS LIKE THAT CAN STOP MEN FROM BEING TESTED FOR PROSTATE CANCER. WHEN HE WAS TOLD TO DROP HIS TROUSERS AND HE SAW THE DOCTOR WITH HIS GLOVES ON AND READY TO INSERT HIS FINGER, HE JUST ALLOWED IT TO HAPPEN BECAUSE IT'S BETTER TO CATCH CANCER EARLY SO THAT IT CAN BE TREATED.**





HMM, WELL MI  
NAH MEK NUH MAN  
OR OOMAN PUT  
DEM FINGGA UP FI  
MI BATTY.

**CARLTON SCORNFULLY SAYS  
THAT HE WILL LET NO MAN  
OR WOMAN PUT THEIR  
FINGER UP HIS  
BOTTOM.**



**MALE TOILET**



SARRI FI 'OLE UP DI  
GAME, MI JUS NEED  
FI PEEPI.

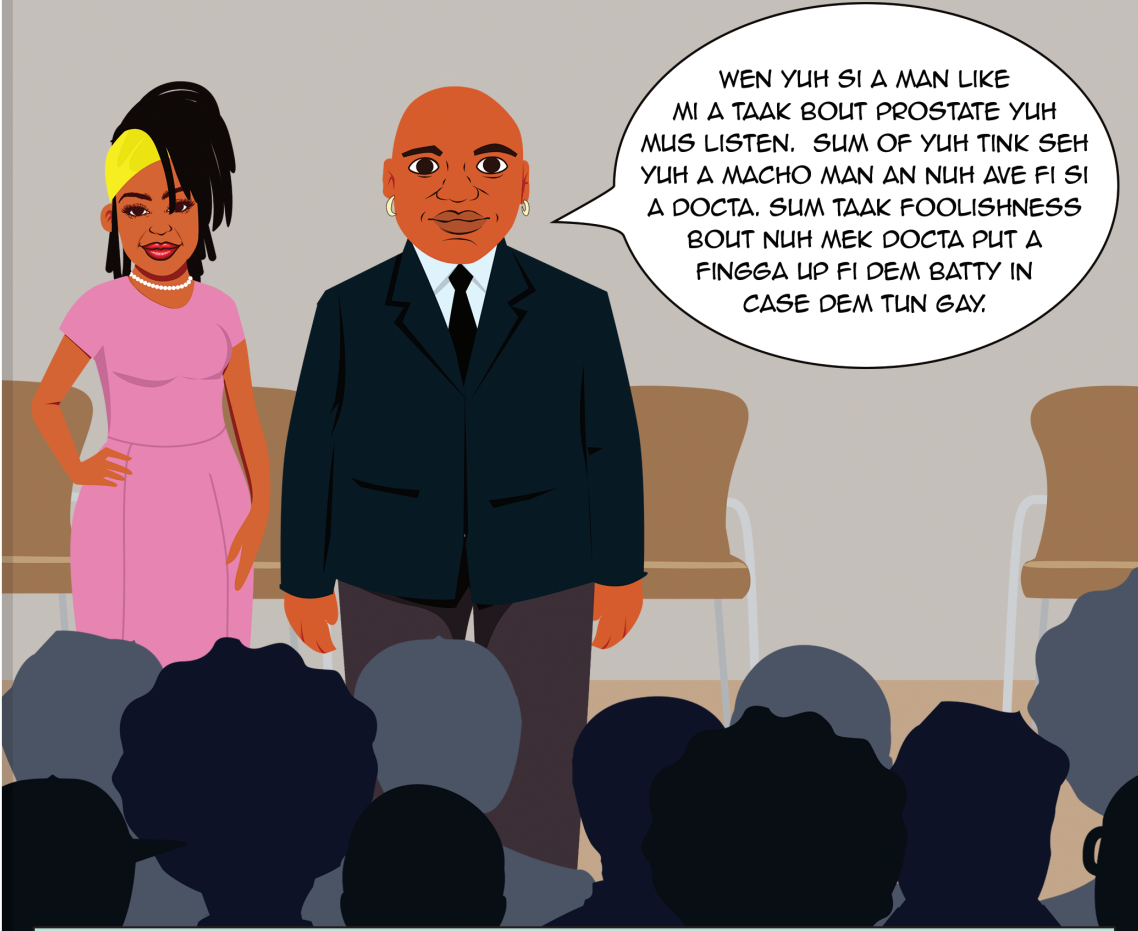
AGAIN MAN? YUH  
NUH JUS CUM FRAM  
TOILET? WHA WRONG  
WID YUH? MINE YUH  
NUH AVE PROSTATE  
CANCER!

MINE YUH  
NUH PUT YUH  
GOAT MOULT  
PON MI.



**BARRINGTON BUNTAN, A  
REGULAR PLAYER SAID  
SORRY FOR STOPPING  
THE GAME AS HE NEEDS  
TO PEE. MARCEL ASKS  
WHY HE HAS TO GO  
AGAIN WHEN HE HAS  
JUST BEEN AND SAYS HE  
MUST BE CAREFUL THAT  
HE DOESN'T HAVE  
PROSTATE CANCER.  
BARRINGTON TELLS  
MARCEL NOT TO PUT A  
CURSE ON HIM.**

OVER THE NEXT FEW MONTHS ATTENDANCE AT THE DOMINO SESSIONS GREW, AND MARCEL AGREED TO HELP PAMELA WITH HER PROSTATE CANCER AWARENESS CAMPAIGN.



WEN YUH SI A MAN LIKE MI A TAAK BOUT PROSTATE YUH MUS LISTEN. SUM OF YUH TINK SEH YUH A MACHO MAN AN NUH AVE FI SI A DOCTA. SUM TAAK FOOLISHNESS BOUT NUH MEK DOCTA PUT A FINGGA UP FI DEM BATTY IN CASE DEM TUN GAY.

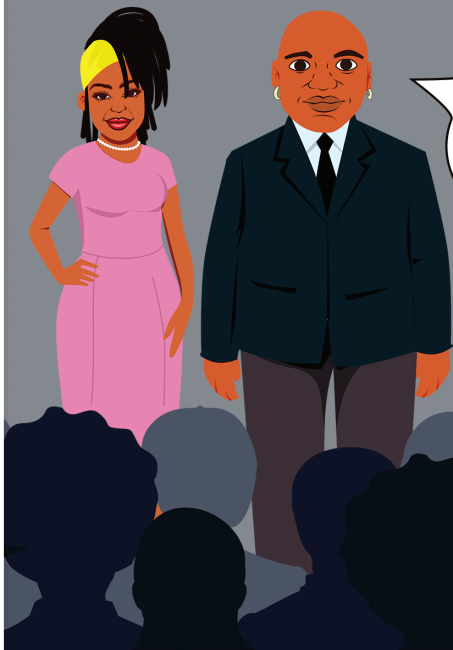
MARCEL TELLS A GATHERING OF DOMINO PLAYERS THAT WHEN A MAN LIKE HIM IS TALKING, THEY SHOULD LISTEN TO WHAT HAS TO SAY. HE SAID THAT SOME MEN THINK THEY ARE MACHO AND DON'T NEED TO SEE A DOCTOR AND SOME TALK FOOLISHNESS ABOUT NOT HAVING A FINGER PUT UP THEIR BOTTOM IN CASE THEY BECOME GAY.

BARRINGTON WONDERED WHETHER MARCEL WAS TRYING TO TELL HIM SOMETHING. IT WAS TRUE THAT SOME MEN FELT THEY WERE TOO MACHO TO SEE A DOCTOR, BUT HE DIDN'T. NEITHER DID BEING THOUGHT OF AS GAY BOTHER HIM. HE SIMPLY DIDN'T WANT ANYONE PUTTING THEIR FINGER UP HIS BACKSIDE WHEN HE WAS SURE THAT HE DIDN'T HAVE PROSTATE CANCER.





DI PROSTATE A PART OF YUH MANHOOD AN FAYVA WALNUT. IT DEH BETWEEN YUH PENIS AN YUH BLADDER. DIS A WAH MEK DI DOCTA FEEL EH TRU LINNU BATTAM.

A DOMINO PLAYER ASKED WHAT THE PROSTATE IS AND WHERE IN THE BODY COULD IT BE FOUND. MARCEL EXPLAINED THAT IT IS PART OF THE MALE MANHOOD, AND LOOKS LIKE A WALNUT. HE SAID IT IS BETWEEN THE PENIS AND THE BLADDER AND THIS IS WHY THE DOCTOR CAN FEEL IT THROUGH A MAN'S BOTTOM.






MI WAAN FI KNO  
WAH DI DOCTA A  
FEEL FA WEN DEM  
A EXAMINE YUH?



THE DOCTOR IS FEELING  
FOR ANYTHING ABNORMAL.  
IF THE PROSTATE IS  
ENLARGED AND FEELS  
LUMPY, YOU WILL BE SENT  
TO THE HOSPITAL  
FOR A BIOPSY.

ANOTHER DOMINO PLAYER WANTED TO KNOW WHAT THE DOCTOR IS FEELING FOR DURING THE RECTAL EXAMINATION AND PAMELA EXPLAINED.



IN CASE THEY  
DIDN'T KNOW,  
MARCEL  
EXPLAINED WHAT  
A BIOPSY IS. HE  
SAID IT IS WHEN  
A LITTLE PIECE  
OF THE PROSTATE  
IS SNIPPED OUT  
AND SENT FOR  
TESTING. WHEN  
THAT PIECE IS  
EXAMINED THEY  
CAN TELL IF IT  
IS CANCER.

EENA CASE YUH NUH  
KNO, WHA A BIOPSY IS,  
EH WEN DEM SNIP OUT A  
LICKKLE PIECE ADDI  
PROSTATE AN SEN IH FI  
TESS. WEN DEM EXAMINE  
DIS PIECE DEM CAN  
TELL EFF

**THERE WAS SILENCE IN THE ROOM AS THE MEN CONTEMPLATED THE IDEA OF HAVING A LITTLE BIT OF THEIR MANHOOD SNIPPED OUT. THE SILENCE WAS BROKEN BY DISMISSIVE STATEMENTS.**

MI TINK SEH EFF DIS PROSTATE TING A REAL IH NAH GWINE AFFECT WI. LINNU MUSS TAP TAAK BOUT DIS RUBBISH.

MI NUH WAAH HEAR NUH MORE BOUT DIS TING. DI DOCTA DEM JUS WAAH FI FRIGHTEN BLACK PEOPLE.



**SOMEONE SAID THAT IF THIS PROSTATE THING IS REAL, IT WON'T AFFECT US AND THAT PAMELA AND MARCEL SHOULD STOP TALKING RUBBISH. HE DOESN'T WANT TO HEAR ANY MORE ABOUT THE PROSTATE BECAUSE THE DOCTORS JUST WANT TO FRIGHTEN BLACK PEOPLE.**



A YUH A TAAK RUBBISH! MI AVE PROSTATE CANCER. MI TEK DI TESS, DEM KETCH IT EARLY AN MI CLEAR NOW.

IF MI DID LISTEN TO SMADDY LIKE YUH, MI WUD BI DEAD BY NOW FI SURE.

MAN WI ALL HAFFI DEAD A SUP'M. RIGHT NOW MI JUS WAAH FI PLAY DOMINO.



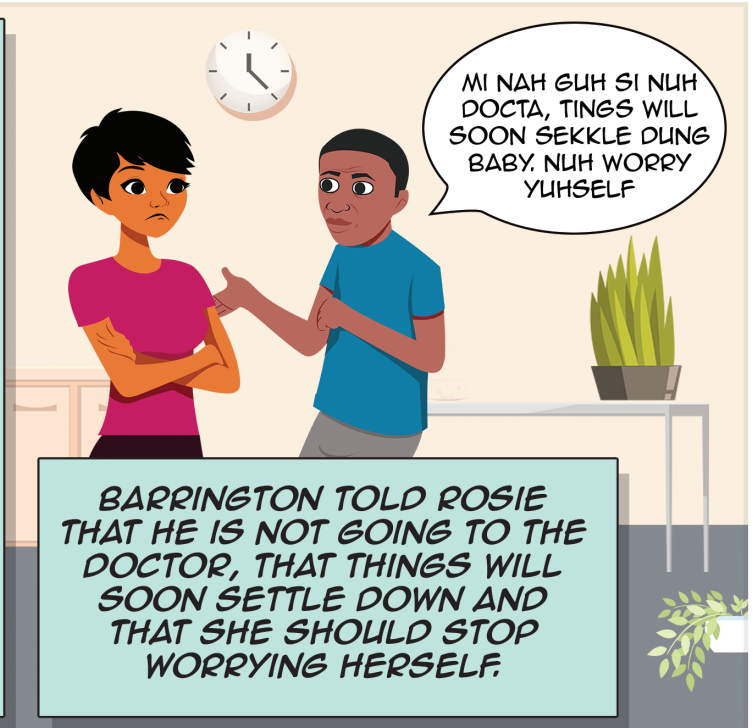
YEH MAN, MI JUS WAAH FI PLAY DOMINO TUH BUH MI WAAH PEEPI FOS.

OTIS SAID IT'S THE MAN WHO IS TALKING RUBBISH. HE HAD PROSTATE CANCER, HE TOOK THE TEST, THEY CAUGHT IT EARLY AND NOW HE IS CLEAR. IF HE HAD LISTENED TO SOMEONE LIKE THE MAN WHO WAS TALKING, HE WOULD PROBABLY BE DEAD BY NOW. ANOTHER MAN SAID WE ALL HAVE TO DIE OF SOMETHING AND THAT HE HAD ONLY COME TO PLAY DOMINO. BARRINGTON TOO SAID THAT HE HAD ONLY COME TO PLAY DOMINO BUT THAT HE FIRST HAD TO GO FOR A PEE.

**IN THE MONTHS THAT FOLLOWED, THE CAMPAIGN GREW AND SOON THE DOUBLE ACT OF PAMELA AND MARCEL WERE BEING INTERVIEWED ON TV. YOUTUBE VIDEOS WERE BEING SHARED WORLDWIDE AND HEALTH ORGANISATIONS WERE TAKING NOTICE AS THE ALL-IMPORTANT MESSAGE WAS REACHING MANY MORE BLACK MEN.**



**THE USUAL CREW OF MARCEL, ACCRINGTON, AND OTIS WAS AT EVERY DOMINO SESSION. BUT BARRINGTON WASN'T. HIS FREQUENT PEEING WAS GETTING WORSE, ESPECIALLY AT NIGHT, AND A LACK OF SLEEP WAS MAKING HIM TIRED. ROSIE, HIS WIFE, WAS WORRIED AND URGED HIM TO SEE A DOCTOR.**



**MI NAH GUH SI NUH DOCTA, TINGS WILL SOON SEKKLE DUNG BABY. NUH WORRY YUHSELF**

**BARRINGTON TOLD ROSIE THAT HE IS NOT GOING TO THE DOCTOR, THAT THINGS WILL SOON SETTLE DOWN AND THAT SHE SHOULD STOP WORRYING HERSELF.**

**THEN ONE MORNING WHEN HE WAS PEEING, BARRINGTON SAW THAT HIS URINE WAS RED. BECAUSE HE HADN'T BEEN DRINKING BEETROOT JUICE, HE KNEW IMMEDIATELY THAT IT WAS BLOOD. HE CRIED OUT FOR ROSIE AND SHE AND THEIR SON CLINTON WENT TO HIM.**

MI SI BLOOD EENA  
FI MI PEEPI. ROSIE  
MI SEET.

NUH SON MI  
NUH GWINE  
DEAD, MI GWINE  
SI DI DOCTA.

YUH  
SURE?

ARE YOU  
GOING TO DIE  
DADDY?

**BARRINGTON TOLD ROSIE THAT HE HAD SEEN BLOOD IN HIS URINE AND ROSIE ASKED IF HE WAS SURE. CLINTON ASKED HIS DAD IF HE WAS GOING TO DIE. BARRINGTON SAID NO, HE WASN'T GOING TO DIE HE WAS GOING TO SEE THE DOCTOR.**

**AFTER THIS EPISODE IT WAS MONTHS BEFORE BARRINGTON WAS SEEN BY THE DOMINO PLAYERS AGAIN.**



THE DOMINO CAMPAIGN HAD BEEN RUNNING FOR A YEAR AND PAMELA DECIDED TO CELEBRATE BY HOLDING A NATIONAL DOMINO TOURNAMENT. THE ROOM WAS FULL OF MAINLY BLACK MEN AND WOMEN WHO HAD COME FROM ALL OVER THE COUNTRY TO TAKE PART IN THE TOURNAMENT. JUST WHEN PAMELA AND MARCEL PROUDLY TOOK TO THE STAGE FOR THEIR WELCOME AND CUSTOMARY TALK, A MAN WITH A WALKING STICK MADE HIS WAY TO THE FRONT. IT WAS BARRINGTON.



EXCUSE MI, MI JUS WAAH TUH SEH AH FEW WORDS. AH YEAR AGUH MI DID AH SIT EENA DIS ROOM WEN MARCEL AN PAMELA DID A TALK BOUT PROSTATE CANCER.

BARRINGTON WANTED TO SAY A FEW WORDS. HE SAID A YEAR AGO HE WAS SITTING IN THIS SAME ROOM WHEN PAMELA AND MARCEL WERE TALKING ABOUT PROSTATE CANCER.

**THE SILENCE IN THE ROOM WAS PROFOUND  
AS EVERYONE LISTENED.**

MI SHUD A TEK  
NOTICE AN GIT  
MISELF TESTED BUH  
MI DIDN'T. BY DI TIME  
MI GUH SI DI DOCTA  
EH DID TOO LATE.

NOW DI CANCER  
SPREAD TUH FI MI  
BONES FI MI LIVER  
AN FI MI LUNGS AN  
DI DOCTA SEH MI  
ONLY AVE FEW  
MONTHS TUH LIV.



**HE SHOULD HAVE TAKEN NOTICE AND GOT  
HIMSELF TESTED BUT DIDN'T. BY THE TIME  
HE WENT TO SEE A DOCTOR, IT WAS TOO  
LATE. NOW THE CANCER HAD SPREAD TO HIS  
BONES, HIS LIVER AND HIS LUNGS AND HE  
ONLY HAD MONTHS TO LIVE.**

THERE WERE A FEW GASPS AND RUMBLES IN THE ROOM BEFORE SILENCE FELL AGAIN. BARRINGTON HAD CAPTURED THE INTEREST OF THE DOMINO PLAYERS AND THEY WANTED TO KNOW MORE.

MI AH TELL YUH FI GIT YUHSELF TESTED. NUH WAIT TILL YUH WAAH PEEPI ALL DI TIME OR UNNU AVE STOPPAGE OF WATA.

ANEDDA TING, NUH LISTEN TUH FOOLISHNESS BOUT TURNING GAY EFF DI DOCTA PUT FI DEM FINGGA UP UNNU BATTY. MI A TELL YUH DIS SUH YUH NUH END UP LAKKA MI. TANK YUH.

HE SHOULD HAVE TAKEN NOTICE AND GOT HIMSELF TESTED BUT DIDN'T. BY THE TIME HE WENT TO SEE A DOCTOR, IT WAS TOO LATE. NOW THE CANCER HAD SPREAD TO HIS BONES, HIS LIVER AND HIS LUNGS AND HE ONLY HAD MONTHS TO LIVE.

A TEARFUL BARRINGTON AMBLED BACK TO HIS TABLE AS HE THOUGHT ABOUT HIS NINE-YEAR-OLD SON, CLINTON, WHO HE WOULD NOT NOW SEE GROW UP. THERE WAS LOUD APPLAUSE WITH SOME PEOPLE STANDING TO SALUTE THE MAN WHO WAS ONCE FULL OF LIFE BUT WAS NOW A MERE SHADOW OF HIMSELF. BARRINGTON SAT DOWN AND CLIPPED HIS DOMINOES IN HIS HAND KNOWING THAT IT WAS PROBABLY THE LAST TIME HE WOULD BE PLAYING THE GAME HE LOVED SO MUCH WITH HIS FRIENDS.



**BARRINGTON'S FUNERAL WAS A SOLEMN AFFAIR AND AS WE SAY IN THE CARIBBEAN 'IM GAAN TOO SOON'. THIS IS WHY WE WANT TO RAISE AWARENESS BY LETTING PEOPLE KNOW THAT:**



**1 IN 4 BLACK MEN WILL BE DIAGNOSED WITH PROSTATE CANCER COMPARED TO 1 IN 8 WHITE MEN.**

**THE DEATH RATE FOR BLACK MEN IS TWICE AS HIGH.**

**PROSTATE CANCER CAN RUN IN FAMILIES, PARTICULARLY IF THERE IS A HISTORY OF BREAST CANCER AND PROSTATE PROBLEMS.**

**IF YOU ARE OVER 45 SPEAK TO YOUR DOCTOR ABOUT YOUR RISK OF PROSTATE CANCER. DON'T WAIT FOR SYMPTOMS TO DEVELOP AS SOMETIMES THERE ARE NONE.**

**AS WELL AS EATING A HEALTHY DIET, YOU SHOULD STAY PHYSICALLY ACTIVE AS THIS WILL HELP REDUCE THE RISKS OF DEVELOPING HEALTH PROBLEMS LIKE PROSTATE CANCER.**

THERE ARE TWO TESTS WHICH CAN BE DONE WHEN YOU GET CHECKED. ONE IS A PROSTATE SPECIFIC ANTIGEN (PSA) WHICH IS A PROTEIN PRODUCED BY NORMAL AND CANCEROUS CELLS OF THE PROSTATE GLAND. A BLOOD SAMPLE IS TAKEN AND IF THE PSA LEVEL IS TOO HIGH, (BETWEEN 4 -10) IT WILL BE ANALYSED IN A LABORATORY TO SEE IF IT'S CANCER.

THE OTHER TEST IS A DIGITAL RECTAL EXAMINATION (DRE) WHICH IS WHERE THE DOCTOR CAN FEEL THE SIZE AND TEXTURE OF THE PROSTATE GLAND. THIS IS MOST FEARED BY BLACK MEN SOME OF WHOM THINK THE TEST COULD BE A HOMOSEXUAL ACT. THE TRUTH IS THAT THE DRE TEST IS A FEW MINUTES OF DISCOMFORT THAT WILL HELP SAVE THE LIVES OF MANY.

'PLAY DOMINO TALK PROSTATE' CAN ONLY HELP SAVE THE LIVES OF THOSE LIKELY TO BE AFFECTED BY PROSTATE CANCER IF THEY LEARN THE LESSONS FROM PEOPLE LIKE BARRINGTON AND GET THEMSELVES CHECKED ON A YEARLY BASIS.

# QUOTES

IT'S BEEN A PLEASURE AND A PRIVILEGE TO SUPPORT THE CREATION OF THIS COMIC BOOK AND THE IMPORTANT MESSAGES IT PROVIDES. U.MATTER AIMS TO CREATE OPPORTUNITIES FOR MEANINGFUL, RELEVANT ENGAGEMENT THAT SUPPORTS HEALTH FROM WITHIN COMMUNITIES, LED BY COMMUNITIES. WE THINK THIS IS IMPORTANT IN ORDER TO GAIN A BETTER UNDERSTANDING OF THE ROLE OF CULTURE IN IMPROVING HEALTH AND WELLBEING, AND IN TACKLING HEALTH INEQUALITIES IN OUR SOCIETY.

U.MATTER IS A COMMUNITY ENGAGEMENT PROJECT FUNDED BY THE EDITH MURPHY FOUNDATION AND SUPPORTED BY THE UNIVERSITY OF LEICESTER.

DR MARIE NUGENT  
PUBLIC ENGAGEMENT MANAGER  
UNIVERSITY OF LEICESTER



**'THEY SAID WE'D NEVER GET BLACK MEN TO TALK ABOUT THEIR HEALTH. SO WE DECIDED TO LISTEN AND THEY SPOKE FOR THEMSELVES'.**

**THIS COMIC BOOK, A FANTASTIC CONCEPT, WILL GO A LONG WAY IN CONTINUING TO RAISE AWARENESS OF PROSTATE CANCER.**

**DR DONNA RICHARDSON  
ASSISTANT DIRECTOR NIHR APPLIED  
RESEARCH COLLABORATION (ARC) EAST  
MIDLANDS**

**MOST IMPRESSED BY THIS OUTSTANDING BOOKLET, THE UNIQUE WAY IT PRESENTS THE FACTS TO THE BLACK COMMUNITY USING THE MEDIUM OF CARTOON AND AFRICAN-CARIBBEAN PATOIS. PROVIDING AN IMMENSE POSITIVE EFFECT IN RAISING THE HIGHER RISK OF PROSTATE CANCER WITHIN THE COMMUNITY AND IMPROVING THE WELL-BEING OF BLACK MEN FOR GENERATIONS TO COME.**

**ROB BANNER  
TRUSTEE/DIRECTOR PROSTAD**

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- ROB BANNER - TRUSTEE/DIRECTOR PROSTAID
- TONY KELLEY - EDITOR
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